

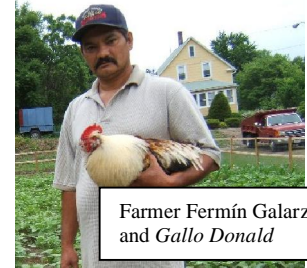
# Latino Crops Add-On for Sangha Farm

## Through Collaboration with Galarza Family Farm, Holyoke, Massachusetts

“Try the special sweet herbs and peppers of the Caribbean and the spicy *sabores* of Central America in your cooking with this exciting Latino Flavors add-on to your share!

From Puerto Rican cilantro to colorful varieties of beans you may have never seen, you will receive the recipes and ingredients to enjoy exotic, fresh and healthy Latin meals throughout the season.

The Galarza Family Farm grows specialty varieties of tropical herbs, vegetables and even sugar cane using organic techniques on fertile land by the Connecticut River in Holyoke. The Galarza Family Farm is one of the new farms and businesses supported by Nuestras Raíces, revitalizing the city’s economy and restoring its environment. We welcome visitors to the farm, to meet the Galarza family, see the animals and tropical plants, and walk the nature trails by the river. See [www.nuestras-raices.org](http://www.nuestras-raices.org) for more information, upcoming activities and directions.”



Farmer Fermín Galarza and Gallo Donald

**If you are interested in purchasing the Latino Add-on share please check the box on the Sangha Farm Shareholder Agreement Form. If enough people express interest in this option, we will contact you with sign up information.**

### Anticipated Share Produce

Cilantro/ <i>cilantrillo</i>	June – October
Green leaf lettuce/ <i>lechuga del país</i>	June – October
Sweet cherry peppers/ <i>ajíes dulces</i>	Late August-October
Hot peppers/ <i>chiles</i>	July – September
Spanish squash/ <i>Calabaza</i>	August-October
Sugar cane/ <i>caña</i>	August – September
Beans (different classes)/ <i>habichuelas</i>	June – September
Specialty beans/ <i>Chicharos</i>	September
Specialty eggplant/ <i>verenjena rosita</i>	August – October
<i>Tomatillo</i>	July – September
Watercress/ <i>berro</i>	June – September
<i>Papalo</i>	
Witch Oregano/ <i>Oregano Brujo</i>	June
Exotic root crops and fruits/ <i>patata, paw paw, malanga</i>	If available

**Cost: Less than \$5 per week, total \$100 for the season**